## Lies of the enemy versus God's Truth

You are unlovable. You are loved (Col. 3:12, Eph. 2:4-5,, Rom. 5:8, 1 John 4:19)

If people really knew you, they would abandon you. You are chosen (Eph. 1:4, 1 Thess. 1:4, 1 Pet 2:9, Jn. 15:16)

You blow it all of the time, Why bother? You are forgiven (Eph. 1:7, 1 John 2:12)

You are a mistake, You are useless

You were created in the image of God
(Gen. 1:27)

Nothing will ever change for you

You are changed by His grace (1Cor. 15:10)

No one cares what you think

You are heard (Ps. 55:17)

No one knows how you feel. You are understood (Ps. 139:1-2, 1 John

5:14-15)

Your sin will always define you

You are made new (2 Cor. 5:17)

You are an orphan, uncared for You are God's child (John 1:12, 1 John

3:1, Gal. 3:16)

You will never be free from your addiction You are free (Gal. 5:1, Rom. 8:2)

You are no longer a slave to sin (Rom.

6:6)

You will never measure up, you will

Always fall short.

You are justified (declared or made righteous in the sight of God) (Rom 3:23-

24)

You are guilty, so there is no hope

You are not condemned (Rom 8:1)

No one will ever love you the way you are You are accepted by Christ (Rom. 15:7)

You are useless You are God's Workmanship (Eph. 2:10)

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